

COMMUNITY HEALTH SERVICES

Enabling at-home
independence



We provide a variety of supportive services to enable individuals with health-related problems to remain independent in their own homes, including:

- nursing
- rehabilitation
- nutrition
- social work
- respiratory therapy
- palliative, end of life care
- non-clinical home support
- community virtual care

These services do not require a primary care provider referral. So, if you think you may need support from Community Health Services, call the *General Enquiries Line** for your region:

South Island

1-888-533-2273

Central Island

1-877-734-4101

North Island

1-866-928-4988

* BE SURE TO HAVE YOUR PERSONAL HEALTH NUMBER READY.



Common Questions:

What community health services can Island Health provide me?

Island Health Community Health Services provides professional services in the community and in your home, depending on your assessed care need and urgency of need. Services may be short-term if you are recovering from a procedure or condition or long-term if you need ongoing care.

Where can I get help cleaning and managing my home?

Household management, including cleaning, is not a publicly funded healthcare service. In many communities there are services that provide house cleaning for a fee or through volunteer groups like *Better at Home* (betterathome.ca).

My family member has memory challenges and needs help at home. Can someone come in and help them every day?

The type and frequency of help a person with memory challenges may need is determined based on a clinical assessment done by a healthcare professional. Please call the *General Enquiries Line* to discuss your or your loved one's situation.



FOR MORE, SCAN THE QR CODE OR VISIT:
islandhealth.ca/right-care-right-place

